

# Grits

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25 jun 2021 grits are made from ground corn typically from less sweet starchy varieties often referred to as dent corn we dive into all the different varieties of grits what they taste like and how to

gradually add the grits whisking constantly reduce the heat to medium low and cook stirring occasionally with a wooden spoon until tender about 20 minutes

add the salt then slowly add the grits in a thin steady stream stirring constantly with a wooden spoon reduce the heat to low and simmer stirring occasionally until the grits thicken about

whisk butter whole milk and sharp cheddar together with ground cornmeal for alton brown s creamy cheese grits recipe from good eats on food network

for the grits in a large pot on medium heat add 2 tablespoons butter the jalapeños onions a pinch of salt and many coarse grinds of black pepper

to serve and this is the best part place a few heaping spoonfuls of steaming cheese grits onto a place top with several sizzling shrimp

transfer the grits mixture to the prepared baking dish and top with the crumbled bacon and the remaining 1/2 cup monterey jack bake until the cheese is melted and bubbly about 15 minutes

to a bowl or plate add a serving of grits the ham a poached egg and sprinkle with chives drizzle the red eye gravy over the grits and serve

chef bobby flay s five star recipe for restaurant worthy classic southern shrimp and grits guarantees creamy cheesy grits tender shrimp and a rich aromatic sauce

add the grits to a 6 quart slow cooker insert with 7 cups of water and 1 tablespoon salt and stir to combine

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