

Sugar Falls

Insiders' Guide® to Oklahoma City Clinical Decision-Making in Oral Medicine Integrative and Functional Medical Nutrition Therapy Какая диета лучшая? Как выбрать лучшую диету для себя? Часть 3. DASH-диета: диета для профилактики и лечения гипертонии Business and Society Deborah Bouziden Alan Roger Santos-Silva Diana Noland Владимир Давыдов Cynthia E. Clark

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accurately diagnosing the myriad of diseases that can affect the mouth guiding patients correctly and offering treatment with competence is a permanent challenge for dental surgeons and health professionals often the diagnosis of these diseases is neglected or wrongly performed this concise book guides health professionals in clinical decision making in oral diseases assisting them not only on the diagnosis and treatment of oral and maxillofacial diseases but also in terms of value and benefit of who treats the condition and above all who will be treated the work provides guidelines formulated by a compilation of specific protocols of conduct focusing on the scientific evidence and enriched by the authors critical analyses the book is divided into eight main sections that include twenty eight chapters most of them have no more than 5 pages and follow the same format to standardize their use each chapter begins with a summary of the topic a brief description of the main disease that fall into this diagnostic category and their main definitions then the clinical characteristics ways of making the diagnosis and a protocol for treatment for each lesion are presented additionally the experienced authors interestingly discuss their perceptions on how to give bad news in the oral medicine setting and the last section is especially dedicated to the dental management of medically complex patients or with little known diseases such as burning mouth syndrome and covid 19 more than 140 high resolution clinical images illustrate the book clinical decision making in oral medicine targets is designed for health professionals and physicians from various specialties who are interested in diseases with systemic repercussions that

affect the oral and maxillofacial complex and in oral repercussions of treatments for complex diseases such as head and neck cancer students in dentistry may also find the book of value

this textbook is a practical guide to the application of the philosophy and principles of integrative and functional medical nutrition therapy ifmnt in the practice of medicine and the key role nutrition plays in restoring and maintaining wellness the textbook provides an overview of recent reviews and studies of physiological and biochemical contributions to ifmnt and address nutritional influences in human health overall including poor nutrition genomics environmental toxicant exposures fractured human interactions limited physical movement stress sleep deprivation and other lifestyle factors ultimately this textbook serves to help practitioners healthcare systems and policy makers better understand this different and novel approach to complex chronic disorders it provides the reader with real world examples of applications of the underlying principles and practices of integrative functional nutrition therapies and presents the most up to date intervention strategies and clinical tools to help the reader keep abreast of developments in this emerging specialty field many chapters include comprehensive coverage of the topic and clinical applications with supplementary learning features such as case studies take home messages patient and practitioner handouts algorithms and suggested readings integrative and functional medical nutrition therapy principles and practices will serve as an invaluable guide for healthcare professionals in their clinical application of nutrition lifestyle assessment and intervention for each unique individual patient

Диета dash Диетические подходы к остановке гипертонии в последние годы входит в список лучших диет Миллионы людей страдают от гипертонии или высокого кровяного давления Богатая овощами фруктами цельнозерновыми продуктами бобовыми и орехами нежирным мясом рыбой обезжиренными молочными продуктами диета dash это проверенная программа основанная на принципах здорового питания для снижения кровяного давления риска сердечных заболеваний борьбы с диабетом и чрезмерным увеличением веса Эта книга простой действенный план питания который может органично вписаться в распорядок дня и образ жизни каждого человека Он включает 7 планов питания и 100 полезных для сердца рецептов советы по формированию новых пищевых привычек которые приведут к революции в вашем здоровье и заставит полностью отказаться от лекарств Администрация сайта ЛитРес не несет ответственности за представленную информацию Могут иметься медицинские противопоказания необходима консультация специалиста

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