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Cross-Disciplinary Approaches to Characterize Gait and Posture Disturbances in Aging and Related Diseases, volume II Biomechanical Performance and Relevant Mechanism of Physical Medicine and Rehabilitation for Neuromusculoskeletal Disorders Joint Diseases—Advances in Research and Treatment: 2012 Edition Who Runs? Psychological, Physiological and Pathophysiological Aspects of Recreational Endurance Athletes Musculoskeletal Diseases: Advances in Research and Treatment: 2011 Edition Posture and Movement Neuromuscular Performance during Lifespan: Assessment Methods and Exercise Interventions The System Summary Issues in Orthopedics and Occupational and Sports Medicine: 2011 Edition Index to Theses with Abstracts Accepted for Higher Degrees by the Universities of Great Britain and Ireland and the Council for National Academic Awards SEC Docket Comprehensive Dissertation Index Univ. of Pennsylvania Medical Bulletin Univ. of Pennsylvania Medical Bulletin Sucarità University of Pennsylvania Medical Bulletin Great Athletes Foot & Ankle International Transactions Annual Report Simone Tassani Qipeng Song Pantelis Theodoros Nikolaidis Richard E. Talbott Oliver Faude United States. Securities and Exchange Commission University of Pennsylvania. School of Medicine University of Pennsylvania. School of Medicine University of Pennsylvania. School of Medicine Rafer Johnson Illuminating Engineering Society (London, England) University System of Georgia

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Annual Report *Simone Tassani Qipeng Song Pantelis Theodoros Nikolaidis Richard E. Talbott Oliver Faude United States. Securities and Exchange Commission University of Pennsylvania. School of Medicine University of Pennsylvania. School of Medicine University of Pennsylvania. School of Medicine Rafer Johnson Illuminating Engineering Society (London, England) University System of Georgia*

aging introduces disturbances to the gait and posture of individuals such alterations can originate or result from a wide range of causes making it challenging to understand when modifications are related to pathological or physiological causes many disciplines come together to perform this kind of analysis e g computational and experimental mechanics image processing medicine biology physiology machine learning and data science gait analysis is particularly sensitive to the interactions of different disciplines this technique allows the study of human movements but only through a multidisciplinary approach it is possible to infer relations of causation narrow studies focusing on specific techniques are important to develop the fundamental tools required to study movement in recent years significant methodological advancements have been independently made in these fields however to cross the borders of current science and develop consistent results any new study needs to set interdisciplinary goals an inclusive approach merging multiple aspects would be key in targeting pharmacological or rehabilitation interventions and improving patient care as a whole

biomechanical performance is a key to evaluating effectiveness in physical medicine and rehabilitation for neuromusculoskeletal disorders assessments can be applied to degenerative dysfunction e g falls or knee osteoarthritis in older adults and sports related injuries e g ankle sprain or anterior cruciate ligament injury patients body movements and daily activity functions can be compared to the state of pre injury condition or to the level of healthy individuals some cutting edge studies have gone a step further and used biomechanical performance to develop physical medicine and rehabilitation approaches and explore the mechanisms behind their effectiveness however such studies are still relatively rare this research topic is intended to encourage more relevant projects to be published this research topic aims to encourage researchers to use biomechanical performance to design advanced physical medicine and rehabilitation approaches evaluate the effectiveness of the rehabilitation approaches and explore the mechanisms by which rehabilitation approaches work for neuromusculoskeletal disorders some studies have developed stretching approaches for the rehabilitation of knee osteoarthritis in older adults by measuring biomechanical performance during functional activities some studies indicated that the mechanism of physical activity to reduce falls in older adults lies in its effectiveness in increasing proprioceptive sensitivity and further indicated that rehabilitation of proprioception

may be a key to reducing falls in the fall prone older adult population some other studies analyzed biomechanical performance in ankle ligament injuries to understand when how and why ligaments fail as a result this research topic will expand the application of biomechanical performance to better understand and treat neuromusculoskeletal disorders

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